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## Grocery Store Tour Handout

**grocery store tours program manual - lpi.oregonstate** - group during the tour. we offer grocery store tours at different times of the day in order to reach more people. for example, for some parents it is much easier to go to a tour early in the day (i.e. grocery store tours manual healthy youth program 6 updated december 2014 **grocery store tour - university of hawaii** - grocery store tour project tour guide introduction the grocery store tour (gst) project is a nutrition education curriculum for adults, primary shoppers, and heads of households that can be used in a grocery store. the gst curriculum promotes healthful shopping attitudes and behaviors using simple, targeted messages. **shopping & tasting the mediterranean diet grocery store tour** - shopping & tasting the mediterranean diet grocery store tour overview and procedure start with a quick introduction before beginning the tour. one good way to start is to hand out copies of the mediterranean diet pyramid or our "welcome to the mediterranean diet" trifold brochure. **grocery store tour - university of hawaii** - grocery store tour script . action: - know your grocery store layout before participants arrive.. meet participants outside the grocery store in a safe designated area. -during the tour, you will direct the participants to the fresh, **diabetes grocery store tour - terpconnect** - diabetes grocery store tour produce this area of the grocery store is filled with excellent foods to help you maintain your diabetes. fruits and vegetables are healthy, contain many important vitamins and minerals, are low in fat and sodium, and contain a lot of fiber. **grocery store tour - wmhs** - join a registered dietitian for a free grocery store tour upcoming tours thursday, september 17th 6:00 pm weis in frostburg thursday, october 8th : pm walmart in lavale **are grocery store tours capturing the right audience ...** - store tours take place at the grocery store where tour participants' typically purchase food and involve a nutrition professional demonstrating how to identify and prepare healthy foods (baic & thompson, 2007). grocery store tours are an important component of retail dietetics, a **supermarket strategies to encourage healthy eating** - supermarket strategies to encourage healthy eating | in-store marketing in-store marketing at a glance •markets are in a unique position to market nutritious products and increase their super appeal and affordability for consumers. • many factors influence what consumers buy in a supermarket including supermarket layout, in-store marketing activities and promotions, and the atmosphere of the **grocery store tours are an effective way to** - grocery store tours are an effective way to provide nutrition education to low income minority populations ruth williams hooker\*, christina ralston and rasha abounassif associate professor and director, clinical nutrition masters/dietetic internship, school of health studies, university of memphis, usa **objective the event planning - food and nutrition service** - simulate a grocery store tour using empty food packages, pretend food, and mock displays of at least three grocery store stations. your imaginary store can be created in a classroom or another indoor area of the school, and you can customize your store tours for students of varying age groups. **store tour training grant program produce for better ...** - grocery store dietetics is a growing field of employment for nutrition professionals. as a means of exposing nutrition & dietetic students (nds) to skills needed in leading grocery store tours, with a particular emphasis on fruit and vegetables, pbh desires to support these efforts by providing funding for out-of-pocket costs of training.

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